



WHY JUNG?

Dream analysis as an introduction to C. G. Jung's theory

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Terapiatalo Sointu, Helsinki, November 2, 2020

Organized by Muzio Psychological Services Oy

Time and place:

Monday 2.11.2020

16:30 – 19:30

Terapiatalo Sointu (koulutustila), Töölöntorinkatu 2 B, 8. krs., 00260 Helsinki

Carl Gustav Jung is one of the most influential thinkers of the twentieth century. His legacy can be detected in a wide range of disciplines, from anthropology to history of art, from depth psychology to history of religion. Sonu Shamdasani, historian of psychology, rightly warns us however that "Jung is someone that people - informed or not - have opinions about". Almost sixty years after his death, the number of divergent views and opinions on him have only multiplied, often leading to confused perspectives on his work.

The Jungian approach is deeply rooted and well established in Western Europe and North America. It is also widespread in Eastern Europe, Russia, South America, China and Japan. In Finland however, as indeed in Sweden and Norway, the approach is fairly marginal, with very few analysts in the field and little space given to Jung's theory in psychology faculties or in academia more generally.

Nevertheless, a closer look at the complexity of Jung's work reveals how many Jungian concepts have actually been incorporated, unknowingly in some cases, in a wide range of theoretical approaches in contemporary psychology and psychotherapy.

This seminar will introduce the analysis of dreams, in the context of therapeutic work, from a Jungian perspective. This introduction will also show the extent to which certain fundamental elements of Jung's theory inform other psychological and psychoanalytical theories.

The seminar is in English and is open to psychologists, psychiatrists, psychotherapists, psychiatric nurses, social workers, students of psychology, and to anyone else interested.

Fee:

Early Bird fee (payment by October 5, 2020): 45 euros + ALV 24%

Fee after October 5, 2020: 55 euros + ALV 24%

Psychology students: 20 euros + ALV 24%

Information and registration: emiliano@muzio.net (Emiliano Muzio)

Giorgio Tricarico is a clinical psychologist, a VET psychotherapist, and a Jungian analyst, living and working in Helsinki since 2009. He is a member of the International Association for Analytical Psychology (IAAP), a co-founder and the first president of the Finnish-Estonian Group for Analytical Psychology (FEGAP). He has been working with adult patients since 1998, and has given numerous lectures and seminars in international congresses on relevant issues in Analytical Psychology.

He is the author of multiple articles and of the following books:

- Tricarico, G. (2015). *The Labyrinth of Possibility: A Therapeutic Factor in Analytical Practice*. NY: Routledge.

- Tricarico, G. (2018). *Lost Goddess: A Kaleidoscope on Porn*. NY: Routledge.

For more information, please visit www.giorgiotricarico.com